

**COMMUNITY SPORTS COMMITTEE**  
**Minutes of the 53<sup>rd</sup> Meeting of the Community Sports Committee**

**Date:** 27 April 2023 (Thursday)  
**Time:** 03:00 pm  
**Venue:** Conference Room 401, 4/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin, Hong Kong

**Present:** Prof Patrick YUNG Shu-hang (Chairman)  
Mr Eric FOK Kai-shan (Vice Chairman)  
Ms Joephy CHAN Wing-yan  
Mr CHAU Ngai-man  
Mr Anson CHEUNG Ho-yin  
Dr Carman LEUNG Ka-man  
Dr LEUNG Pak-yin  
Mr Jason MAK Tsz-shun  
Mr POON Ka-hang  
Prof Cindy SIT Hui-ping  
Ms Sherry TSAI Hiu-wai  
Ms TSANG Tsz-lui  
Mr Edmond YIU Yik-ming  
Mr WONG Kam-po (Representative of Sports Federation & Olympic Committee of Hong Kong, China)  
Mr Benjamin HUNG Tak-chuen (Representative of the Leisure and Cultural Services Department)  
Ms Annie WONG Hing-yee (Representative of the Education Bureau)  
Dr Joanna LEUNG Mei-hung (Representative of the Department of Health)  
Mr Jacky LAM Chak-yu (Representative of the Culture, Sports and Tourism Bureau)

**In Attendance**

Mr Vincent LIU Ming-kyong (Leisure and Cultural Services Department)  
Miss Winnie CHUI Hiu-lo (Leisure and Cultural Services Department)  
Ms Alice KONG Po-yee (Leisure and Cultural Services Department)  
Ms Lynn WONG Sau-yin (Leisure and Cultural Services Department)  
Mr David KWAN Chung-wai (Leisure and Cultural Services Department)

Prof Stanley HUI Sai- (Consultant of the Territory-wide  
chuen Physical Fitness Survey for the  
Community)  
Ms Doris LO Sau-wah (Leisure and Cultural Services  
Department) (Secretary)

### **Absent with Apologies**

Ms CHAN Yuen-ting  
Mr CHU Ho-yin  
Mr Claudius LAM Chi-kin  
Mr Jimmy LEE Ka-wai  
Dr Jim LUK  
Ms MA Man-sum

### **Opening Remarks**

1. Mr Vincent LIU Ming-kwong, the Director of Leisure and Cultural Services (DLCS) welcomed the Chairman, the Vice Chairman and all the Members. He remarked that this was the first meeting of the new term of the Community Sports Committee (CSC), which comprised 24 Members, including seven new Members. He also expressed his gratitude to Prof Patrick YUNG Shu-hang and Mr Eric FOK Kai-shan for their acceptance of the appointments as the Chairman and the Vice Chairman of the new-term CSC. Meanwhile, he extended his sincere gratitude on behalf of the government to the former Chairman David YIP Wing-shing and the other Members for their contribution to the CSC over the years. He indicated that the Government would sustain its efforts to promote community sports in the coming two years. These would include organising the 9th Hong Kong Games (HKG) and the National Games, as well as taking forward the new intelligent sports and recreation services booking and information system. He hoped that the community sports promotion work would reach a new milestone, with the CSC under the leadership of the new Chairman.

2. The Chairman thanked the DLCS for his remarks, adding that he was honoured to be appointed as the Chairman for the new term. He hoped to continue promoting the development of community sports with the support of the Vice Chairman, all the Members and government representatives. The Chairman also welcomed Members and representatives of various government departments to the meeting. The CSC for this term included seven new Members, namely Ms Sherry TSAI Hiu-wai and Mr Edmond YIU Yik-ming from the sports sector, Dr Carman LEUNG Ka-man and Mr POON Ka-hang from the education sector, Mr WONG Kam-po, the representative from Sports Federation & Olympic Committee of Hong Kong, China, as well as Mr Claudius LAM Chi-kin and Mr Jimmy LEE Ka-wai who were absent with apologies. He

also welcomed Miss Winnie CHUI Hiu-lo, the Deputy Director of Leisure and Cultural Services (Leisure Services) and Mr David KWAN Chung-wai, the representative of the LCSD, who attended the meeting for the first time, as well as Ms Doris LO Sau-wah, the new secretary. On behalf of the CSC, the Chairman also expressed his heartfelt thanks to former Members, including Mr YIP, the former Chairman, Mr Langton CHEUNG Yung-pong, Ms CHU Lai-ling, Dr Alberto CRUZ, Mr LIN Chun-pong and Ms Tina WONG Ting, the former Members, as well as Ms Ida LEE Bik-sai, the former Deputy Director of Leisure and Cultural Services and Ms Winly LEE Pui-ye, the former secretary, for their contribution to the CSC over the past years.

3. The Chairman expressed that the Secretariat had earlier emailed the meeting papers to Members for reference. If Members had any direct or indirect pecuniary interests relating to any agenda item to be discussed, they should make a declaration regarding this to the CSC before deliberation of such an item. The interests declared by Members would be put in the minutes of the meeting.

#### **Item 1: Confirmation of the Minutes of Last Meeting of the CSC**

4. The draft minutes of the 52nd meeting were emailed to Members for perusal on 16 February 2023 by the Secretariat. The Secretariat received proposed amendments to the minutes of the meeting from the Department of Health. The amended minutes of the meeting were emailed to Members for information on 2 March. Since no further amendment was proposed at the meeting, the Chairman announced confirmation of the minutes of the 52nd meeting.

#### **Item 2: Matters Arising**

5. The Chairman reported that there were no matters arising from the previous meeting and would move on to Item 3.

#### **Item 3: Proposal on Sport For All Day 2023 (CSC Paper 01/23)**

6. The Chairman invited Ms LO of the LCSD to brief Members on the Proposal on Sport For All Day (SFAD) 2023 as set out in CSC Paper 01/23.

7. Ms LO briefed on the activities of SFAD 2023 as set out in CSC Paper 01/23 with the aid of PowerPoint.

8. The Chairman thanked Ms LO for her briefing. He expressed that SFAD, a highlight community sports programme organised by the LCSD, had been well received by the public since 2009. There being no other questions, the Meeting moved on to Item 4 on the agenda.

**Item 4: Report on “Territory-wide Physical Fitness Survey for the Community” (CSC Paper 02/23)**

9. The Chairman expressed that while data collection for the Territory-wide Physical Fitness Survey for the Community (the Survey) had commenced in July 2021, it was not completed until early December 2022 due to the persistent epidemic. Data analysis was conducted by The Chinese University of Hong Kong (CUHK), the consultant agency, for compilation of a report, the draft of which was discussed in detail by the Territory-wide Physical Fitness Survey for the Community Advisory Committee (the Advisory Committee) twice prior to review by the CSC for endorsement. The Chairman invited Dr LEUNG Pak-yin, the Convenor of the Advisory Committee, to brief on the content of CSC paper 02/23, and Professor Stanley HUI Sai-chuen of the Department of Sports Science and Physical Education at the CUHK to brief on the report findings of the Survey.

10. With the aid of PowerPoint, Dr LEUNG Pak-yin and Professor Stanley HUI briefed on the content of the Survey in CSC paper 02/23 and its report findings respectively.

11. The Chairman thanked Dr LEUNG and Professor HUI for their briefing. Salient views of Members and their responses were consolidated as follows:

[Mr WONG Kam-po, Ms TSAI Hiu-wai and Ms Joephy CHAN Wing-yan left the conference room at this juncture.]

- (a) Mr CHAU Ngai-man enquired whether the data collected in the Survey or the Physical Activity Guidelines would make national sports associations (NSAs) well-positioned to identify athletes with potential, particularly children and youths, in an effort to promote the long-term development of elite sports.
- (b) Ms TSANG Tsz-lui said that the Survey was very useful for reference, with its indicative data being conducive to the Government’s efforts to promote sports for all in the community. In addition, she noticed from the report that cycling was one of the favourite sports for boys and girls, and opted that identifying those sports which were popular across various age groups from the report would be helpful to the promotion of such sports catering to children and youths. As such, she hoped to obtain more data in due course for the purpose of promotion of sports in schools. Meanwhile, she suggested that the School Sports Federation of Hong Kong, China should consider introducing cycling as one of its scoring events.

- (c) Given that a decade had passed since the previous survey, the Vice Chairman enquired whether more members of the public had participated in sports upon comparing the findings of the two surveys. In addition, he suggested that the Government should optimise use of resources by making reference to the findings of the Survey to encourage greater public participation in sports in a targeted manner. He also suggested that the Government should consider devising an incentive scheme that encouraged members of the public to do regular exercise.
- (d) Given the relative obesity among the working population and middle-aged generation as shown in the report, Mr Anson CHEUNG Ho-yin suggested that the data from the survey report should be provided to relevant institutions and groups for organising sports activities, such as fitness walking activities, to encourage the public to participate in sports to improve physical fitness.
- (e) Mr Edmond YIU said that there were non-profit-making organisations and NSAs in the community, organising sports promotion programmes catering to those youths without regular exercise to realise their potential in sports. Such organisations and NSAs had also put sports training programmes in place as appropriate to develop their strengths, thereby promoting their interest in doing exercise. Moreover, as regards promotion of community sports, he expressed that some groups had organised recreation and sports activities at varying locations and times in the past, and it was found that those activities which were held in shopping malls and during lunch hours were particularly well-received by the working population. Given this, he suggested that greater thought should be given as to the optimal times and locations to meet the needs of the working population when organising community activities. As regards sports publicity and promotion, he said that in addition to inviting elite athletes to share successes, the Government might also consider inviting the grassroots to share their growth stories in sports development, in order to encourage the public to do exercise.
- (f) Mr POON Ka-hang pointed out that weather factors, as shown in the report findings, were one of the major stumbling blocks for public participation in sports activities, highlighting the public's demand for indoor sports facilities. Given this, he suggested that the LCSD should accord priority to indoor facilities as far as practicable when planning provision of sports facilities in future. In addition, he suggested that the Education Bureau should work with the academic sector including schools, and consider developing a database on students' sports records, enabling schools to input and store students' sports data, such as the statistical data on the amounts of physical

activity and popular sports, to encourage students to develop the habit of exercising from an early age. These also helped promote the concept of family sports by inviting family members to exercise together, thereby promoting community sports development in the long run. Finally, he suggested that schools should work with the LCSD for allocation of more resources towards inter-school competitions, and proposed new sports be introduced into inter-school competitions, and new categories for youths or schools be introduced in the Hong Kong Games to enhance school sports development.

- (g) Dr Carman LEUNG said that the Survey was conducted at scale with a sample size of 8 500. She suggested that future surveys should cover kindergarten students for a wider age range of target groups. In addition, she suggested that future survey reports should present data and analysis in easy-to-read tables, so that the public, especially the middle-aged and the elderly, would find it easier to understand and compare individual physical fitness performance, thereby encouraging their active participation in exercise to improve physical health.
- (h) Professor Cindy SIT Hui-ping expressed that an interdisciplinary research team from the CUHK had conducted a similar survey in the past known as the Hong Kong Report Card on Physical Activity for Children and Adolescents (the Report Card). The Report Card consolidated data from the previous 10 years in 2016, 2018 and 2022, the findings of which were broadly in line with the data of the Survey. It showed that, as far as the “Overall Physical Activity” of Hong Kong children was concerned, only 25% of children and adolescents met the recommended level of physical activity. In addition, given that the World Health Organization had become more concerned about mental health in recent years, and some studies had confirmed a positive correlation between exercise and mental health, she suggested that when conducting the next survey thought should be given to the provision of an index on mental health development, such as target groups’ level of enjoyment in exercising, and the level of improvement in psychological health and quality of life of children and elderly people, in a bid to raise the awareness of the public’s mental health.
- (i) Dr LEUNG Pak-yin and Professor Stanley HUI thanked Members for their views. Their responses were consolidated as follows:
  - (1) Dr LEUNG said that the targets of the Survey were the general public, with the test criteria based on basic levels of physical fitness.

He suggested that co-operation should be sought from individual NSAs on conducting surveys in a targeted manner having regard to the physical fitness requirements of various sports for the purpose of identifying athletes with potential. Professor HUI added that the survey report presented the physical test results of different age groups in Hong Kong. NSAs might make reference to the data on physical performance of different age groups to help identify promising athletes in a comparative manner.

- (2) Professor HUI said that a series of recommendations had been made in the last survey report. These included launch of body-mind stretch training programmes by the LCSD in recent years, which had been, as far as he knew, very well-received by the public. In addition, various factors such as the enhanced sports atmosphere in Hong Kong in recent years, the more notable achievements of local sports men and women, as well as the promotion by elite athletes, were all helpful in encouraging the public to exercise frequently. Meanwhile, compared with the findings of the previous survey, this survey report indicated a decrease in the number of Hong Kong people not meeting the targeted amount of physical activity. All suggested an improvement in the public's participation in sports.
- (3) Professor HUI concurred with the introduction of an incentive scheme. For instance, participants could be rewarded when they reached specific exercise targets, as a measure to encourage the public to exercise regularly. He suggested that reference should be made to the electronic physical fitness passports in Taiwan, which enabled members of the public to, at any time, access personal health and physical fitness data as well as past records online, thereby helping encourage them to exercise frequently.
- (4) As regards sports promotion, Dr LEUNG suggested that NSAs should take the lead in promoting sports for all, and that a target-led approach should be adopted where additional resources should be provided for those NSAs which managed to meet targets as an incentive award. He also proposed that resources should be allocated to those sports organisations which promoted uncommon sports to facilitate formulation of development objectives.

12. The Chairman thanked Members for their views and Dr LEUNG and Professor HUI for their responses. There being no further comments, the Chairman announced confirmation of CSC paper 02/23 and the Meeting moved on to Item 5 on the agenda.

## **Item 5: Preparatory Work for the 9th Hong Kong Games (CSC Paper 03/23)**

13. The Chairman remarked that the 9th Hong Kong Games (HKG) is due to take place between 2023 and 2024, and invited Ms Alice KONG Po-yee of the LCSD to brief on the preparatory work for the 9th HKG in CSC Paper 03/23.

14. Ms Alice KONG Po-yee briefed members on the preparatory work for the 9th HKG in CSC Paper 03/23.

15. The Vice Chairman expressed support for the preparatory work for the 9th HKG. Moreover, he proposed that the development of sports in the Mainland and the Greater Bay Area might be taken into consideration when promoting community sports in Hong Kong. For instance, reference could be made to the competitive events in the National Games 2025 when planning for introduction of new events in the upcoming HKG, with a view to aligning with the trend of sports development in the Mainland. Currently the Mainland authority would spare no effort in spurring the development of three major ball games, namely football, basketball and volleyball, in a bid to expedite its efforts to build a sports superpower. As such, Hong Kong might foster the sports items and upgrade relevant venue facilities to ensure its competitiveness in such events, while dovetailing with the development of sports in the Mainland.

16. The Chairman thanked Ms KONG for her report and the Vice Chairman for his recommendation. The LCSD was, at this stage, planning for establishment of the organising committee (OC) for the HKG to coordinate the the efforts in holding the event, and would report to the CSC on a regular basis on the progress of the preparatory work. Meanwhile, he remarked that three-on-three basketball, given its huge popularity among young people, would be introduced in the upcoming HKG in lieu of traditional basketball. The Vice Chairman welcomed such a plan, which would be conducive to implementation of the policy measures as announced by the Chief Executive in his 2022 Policy Address aimed at promoting sports development. There being no further comments by members, the Meeting moved on to Item 6 on the agenda.

## **Item 6: Any Other Business**

### **(i) Hong Kong and Shanghai Summer Sports Camp for Youth 2023**

17. The Chairman invited Ms Lynn WONG Sau-yin of the LCSD to report on the latest developments of the Hong Kong and Shanghai Summer Sports Camp for Youth 2023 (the Camp).

18. Ms Lynn WONG Sau-yin explained that Shanghai and Hong Kong had been hosting this annual event on an alternate basis since 2005. The Camp, originally scheduled to take place in the Huangpu District, Shanghai, in August 2020, had been postponed to the summer holiday in 2023 following a joint

decision between the both in response to the ongoing epidemic over the past three years.

19. Upon discussion with the Shanghai Municipal Youth Training Management Centre under the Shanghai Municipal Bureau of Sports, it was proposed that this year's Camp be held in the Huangpu District, Shanghai from 24 to 28 July. The sports exchange programmes would cover volleyball, tennis and badminton, with the exchange activities including joint training and friendly matches of the sports items, visits to sports facilities and sightseeing. Further details of the activities are subject to discussions with the Shanghai Municipal Bureau of Sports. In addition to helping to select a total of some 40 youth athletes to participate in the Camp, each of the three national sports associations concerned would send two accompanying coaches rendering assistance in the conduct of various activities at the Camp.

20. Every year, two members of the CSC would serve as the Head and Deputy Head of the delegation, leading local youth athletes to take part in this exchange event. Given this, she proposed that the Chairman and Ms TSANG Tsz-lui, both having served for a relatively long time on the CSC, be nominated as the Head and Deputy Head respectively for the Camps in 2023 and 2024. Thanks to their extensive experience in promoting community and youth sports programmes, the duo would definitely do a good job of leading the delegation in this exchange event.

21. Members all expressed support for the nominations, for which the Chairman and Ms TSANG indicated their gratitude and willingness to accept. The Chairman confirmed that he himself and Ms TSANG would serve respectively as the Head and Deputy Head of the delegation for the Camp. There being no further questions raised by members, the Meeting moved on to Item 6 (ii) on the agenda.

**(ii) Progress of the Implementation of the “Pilot Scheme on Subvention for New Sports”**

22. The Chairman invited Mr David KWAN Chung-wai of the LCSD to brief on the progress of the implementation of the Pilot Scheme on Subvention for New Sports (the Pilot Scheme).

23. Mr David KWAN Chung-wai expressed that the LCSD completed the “Comprehensive Review of Sports Subvention Scheme” at end-2019, given the growing public demand for development of new sports. It was proposed in the report that government subventions be provided for new sports to offer more opportunities and choices for public participation in sports. As such, the LCSD implemented the Pilot Scheme to promote and support emerging sports in Hong Kong. When implementing the Pilot Scheme, the LCSD had already taken into account the fact that such sports were at the early stage of development. The

“Advisory Committee for the Pilot Scheme on Subvention for New Sports” (the Advisory Committee) was therefore established to devise a new funding regime in promotion and support of their development in Hong Kong.

24. To implement the Pilot Scheme, the LCSD had earmarked a subvention of around \$2 million to \$5 million for each of 2021-22, 2022-23, 2023-24 and 2024-25 for promotion of new sports by eligible sports organisations. Currently, each successful applicant would be given a subvention of up to \$150,000 or 85% of the total qualifying expenditure on each activity, whichever the less. All subvention applications must be subject to approval by the Vetting Committee for Sports Subvention under the LCSD, which would scrutinise the expenditure on individual sports activities.

25. The LCSD rolled out the first round of the Pilot Scheme in May 2021, where a total of 6 eligible sports organisations had been given subventions for promoting new sports, namely floorball, kin-ball, pétanque, sepak takraw, standup paddle and tchoukball. The amount of subventions approved was around \$380,000 in total, intended for over 90 training courses and competitions, with an attendance of about 2 600. The Pilot Scheme was in its second year in 2022-23. In addition to the 6 grantees in 2021-22, there were 12 additional eligible sports organisations receiving the subventions in 2022-23, covering such sports activities as kabaddi, kyudo, nunchaku, sport stacking, cheerleading, dodgeball (2 sports organisations involved in total), health qigong, kurash, mölkky, pickleball and sambo. In 2022-23, the LCSD provided a subvention of around \$1.64 million in total to 18 eligible sports organisations for organising 175 training courses and competitions, with an attendance of about 7 810.

26. The new round of the Pilot Scheme in 2023-24 was open for application from 16 January to 3 March 2023. In addition to the 18 grantees in 2022-23, there were 3 additional eligible sports organisations receiving the subventions in 2023-24, covering such sports activities as functional fitness, paragliding and VX Ball. In 2023-24, the LCSD provided a subvention of around \$2.1 million in total to 21 eligible sports organisations for organising 332 training courses and competitions, with an attendance of about 12 750.

27. The LCSD reviewed the effectiveness of the Pilot Scheme from time to time, and proposed enhancement measures. These included increasing subventions for each organisation from up to \$100,000 in the first year to \$150,000 currently, given the relatively higher expenses incurred in most of those competitions intended to be held; scrapping the requirement that a grantee must be “the sole governing organiser”, in a bid to enable multiple organisations promoting a new sport item to apply for subventions; and increasing the subvention ratio in connection with the hosting of free promotional events by sports organisations. All of the above were discussed and approved by the Advisory Committee. The LCSD would continue to review the effectiveness of the Pilot Scheme and propose additional enhancement measures, with a view to

better catering to the needs of emerging sports and spurring their development.

28. The Chairman thanked Mr KWAN for his briefing. There being no other questions, the Meeting moved on to Item 6 (iii) on the agenda.

**(iii) Demonstration of SmartPLAY Self-service Station**

29. The Chairman expressed that the roll-out of the new intelligent sports and recreation services booking and information system was currently in full swing, with the core and enhanced functions anticipated to be ready for use during Phase 1 in the second half of 2023 and Phase 2 in 2024 respectively. New SmartPLAY self-service stations would be set up at approximately 240 leisure venues under the LCSD. The Chairman invited colleagues of the LCSD to lead Members to the seventh floor of Leisure and Cultural Services Headquarters for demonstration of SmartPLAY self-service stations.

[Representatives of the LCSD Ms Mimi LOK Mee-mee and Mr Aaron CHAN Chi-pun made introduction on the seventh floor of Leisure and Cultural Services Headquarters.]

30. The Chairman invited representatives of the LCSD Ms Mimi LOK Mee-mee and Mr Aaron CHAN Chi-pun to demonstrate the use of SmartPLAY self-service stations for Members.

31. Ms LOK and Mr CHAN of the LCSD introduced and demonstrated the use of SmartPLAY self-service stations for Members.

**Adjournment of Meeting**

32. The Chairman thanked Members for attending the meeting. The Secretariat would inform Members of the date of the next meeting in due course.

33. The meeting was adjourned at 5:25 pm.

Note: No declarations of conflict of interests were received from Members during the meeting.

Community Sports Committee Secretariat  
July 2023