

**COMMUNITY SPORTS COMMITTEE**  
**Minutes of the 54<sup>th</sup> Meeting of the Community Sports Committee**

**Date:** 13 December 2023 (Wednesday)  
**Time:** 3:45 pm  
**Venue:** Conference Room 401, 4/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin, Hong Kong

**Present:** Prof Patrick YUNG Shu-hang (Chairman)  
Mr Eric FOK Kai-shan (Vice Chairman)  
Mr CHAU Ngai-man  
Mr CHU Ho-yin  
Mr Claudius LAM Chi-kin  
Dr Carman LEUNG Ka-man  
Dr LEUNG Pak-yin  
Dr Jim LUK  
Ms MA Man-sum  
Mr Jason MAK Tsz-shun  
Mr POON Ka-hang  
Prof Cindy SIT Hui-ping  
Ms TSANG Tsz-lui  
Mr Edmond YIU Yik-ming  
Ms Annie WONG (Representative of the  
Hing-yee Education Bureau)  
Dr Joanna LEUNG (Representative of the  
Mei-hung Department of Health)  
Mr Moses WU Chi- (Representative of the Culture,  
kei Sports and Tourism Bureau)  
Ms Camay LEE Kar- (Leisure and Cultural Services  
mei Department)

**In Attendance**

Mr Vincent LIU Ming- (Leisure and Cultural Services  
kwong Department)  
Ms Alice KONG Po-yee (Leisure and Cultural Services  
Department)  
Ms Lynn WONG Sau-yin (Leisure and Cultural Services  
Department)  
Ms Doris LO Sau-wah (Leisure and Cultural Services  
Department) (Secretary)

**Absent with Apologies**

Ms Joephy CHAN Wing-yan  
Ms CHAN Yuen-ting  
Mr Anson CHEUNG Ho-yin

Mr Jimmy LEE Ka-wai  
Ms Sherry TSAI Hiu-wai  
Mr WONG Kam-po (Representative of Sports  
Federation & Olympic  
Committee of Hong Kong,  
China)

### **Opening Remarks**

1. The Chairman welcomed Members and representatives of government departments, including Mr Moses WU Chi-kei, the representative of the Culture, Sports and Tourism Bureau (CSTB) and Ms Camay LEE Kar-mei, the Assistant Director (Leisure Services) of the Leisure and Cultural Services Department (LCSD), who attended the meeting for the first time, to the meeting. On behalf of the Community Sports Committee (CSC), the Chairman also expressed gratitude to Mr Paul CHENG Ching-wan, the former representative of the CSTB and Mr Benjamin HUNG Tak-chuen, the former Assistant Director of the LCSD, for their contribution to the CSC over the past years.

2. The Chairman expressed that the Secretariat had earlier emailed the meeting papers to Members for reference. If Members had any direct or indirect pecuniary interests relating to any agenda item to be discussed, they should make a declaration regarding this to the CSC before deliberation of such an item. The interests declared by Members would be put in the minutes of the meeting.

### **Item 1: Confirmation of the Minutes of Last Meeting of the CSC**

3. The draft minutes of the 53rd meeting were emailed to Members for perusal on 3 July 2023 by the Secretariat. The Secretariat received proposed amendments to the minutes of the meeting from Members. The amended minutes of the meeting were emailed to Members for information on 18 July. Since no further amendment was proposed at the meeting, the Chairman announced confirmation of the minutes of the 53rd meeting.

### **Item 2: Matters Arising**

#### **(i) Report on Sport For All Day 2023 (CSC Paper 04/23)**

4. The Chairman invited Ms Doris LO Sau-wah of the LCSD to brief Members on the work related to Sport For All Day (SFAD) 2023 as set out in CSC Paper 04/23.

5. Ms LO briefed on the content of CSC Paper 04/23 with the aid of PowerPoint.

6. The Chairman thanked Ms LO for her briefing. He also thanked LCSD colleagues for their efforts in promoting “Sport for All” in the community and encouraging members of the public to do regular exercise and develop such a habit to keep good physical fitness.

7. Dr Carman LEUNG Ka-man enquired the attendance to the event. Ms LO responded that the attendance to this year’s event showed an increase over the previous year because of a return to social normalcy.

**(ii) Report of the 9th Hong Kong Games Organising Committee (CSC Paper 05/23)**

8. The Chairman remarked that the 9th Hong Kong Games (HKG) was scheduled between 2023 and 2024. For the effective staging of the HKG, the 9th HKG Organising Committee (OC) and Standing Committee (SC) were established, with their first meetings held in June and July 2023 respectively. The second meeting of the SC was held in October to devise the programmes of the 9th HKG. The Chairman invited Ms Alice KONG Po-yee of the LCSD to brief on the content of CSC Paper 05/23 and report on the work progress of the 9th HKG with the aid of PowerPoint.

9. The Chairman thanked Ms KONG for her report and remarked that every HKG, a biennial major sports event in Hong Kong, launched new initiatives and arrangements. This time was no exception, and the HKG introduced three new age groups to individual events, while replacing 5-on-5 basketball competition with 3-on-3 basketball competition which was more popular among the youth. Meanwhile, demonstration events of new urban sports which were popular among young people, including sport climbing, breaking and skateboarding, were also introduced to encourage more members of the public, including young people, to participate in the event.

10. Mr CHAU Ngai-man proposed considering venues at harbourside locations to be used for the related activities to enhance the event atmosphere. Ms KONG said that his suggestion was noted.

**(iii) Progress Report on Territory-wide Physical Fitness Survey for the Community**

11. The Chairman expressed that the survey report was submitted to the CSC by the Territory-wide Physical Fitness Survey for the Community Advisory Committee (the Advisory Committee) in the last meeting for review and endorsement. Recommendations on improving the physical fitness among members of the public were made in the report, with the proposed initiatives involving relevant bureaux and government departments. The Chairman invited Ms KONG and Ms LO of the LCSD to report on the progress of the

follow-up actions.

12. Ms KONG remarked that upon review and endorsement of the report for the Territory-wide Physical Fitness Survey for the Community (the Survey) by the CSC in the last meeting, the Survey's findings were reported to the Legislative Council Panel on Home Affairs, Culture and Sports and made public in the press conference held at Kowloon Park in June 2023, while being released to relevant government departments, including the Department of Health (DH) and the Education Bureau (EDB). Key findings from the Survey and the recommendations made therein were provided to the public through various media channels, such as press releases, social media and pamphlets of executive summary. Subsequently, the study report was uploaded onto the LCSD's website for perusal and download by all organisations, groups and members of the public. Stakeholders in the community were also encouraged to make reference to the relevant information and recommendations when formulating targeted policies. In addition, the LCSD, together with representatives from the EDB, CSTB and DH, had an interdepartmental meeting this July to explore and devise follow-up measures, in a hope to implement the recommendations in the report through collaboration among themselves.

13. Ms LO pointed out that under the various follow-up action plans drawn up based on the survey findings, relevant government departments including the LCSD, EDB and DH had introduced a series of targeted measures to enable members of the public, through the published findings, to understand their current physical fitness level and realise the importance of regular participation in sports and physical activities. Such follow-up measures included stepping up publicity efforts on the survey findings and recommendations; organising diverse targeted physical activities; as well as promoting family-oriented physical fitness programmes. In so doing, the Government hoped to meet the needs of different groups by hosting more various recreation and sports activities; publicise the "Physical Activity Guidelines" via different channels to encourage the public to develop a habit of regular physical exercise; monitor the citizens' physical fitness level in a sustained manner; and collect their physical fitness data on a regular basis. The LCSD would conduct a territory-wide physical fitness survey every 5 years, with the next one anticipated in 2026.

14. The Chairman thanked Ms KONG and Ms LO for their briefing. He expressed that the purviews and foci of work varied across the bureaux and government departments. He hoped they would keep the efforts up and continue to work together to help citizens improve their physical fitness level and develop a healthy lifestyle. The Chairman thanked Dr LEUNG Pak-yin for his steering of the Advisory Committee and his contributions towards the survey over the past 2 years, without which it would not have been as successful. He expressed that the survey findings provided useful reference points for sectors such as medical, health, sports and academic professions.

15. The Vice Chairman enquired if the findings of the survey were comparable with the previous ones. He also indicated his support for the Government's future plan to develop a database system that stored the daily exercise records of members of the public.

16. Dr LEUNG Pak-yin expressed that the same set of benchmark parameters as in the previous survey were adopted in this year's survey as far as possible for comparison purpose. The survey found evidence of a variation in the level of Hong Kong citizens' physical activity, to which the Government could draw reference when adopting measures accordingly. He also expressed his support for the development of applications and introduction of incentive schemes to encourage regular exercise among the public.

17. Ms TSANG Tsz-lui remarked that the District Leisure Services Offices under the LCSD across the 18 districts organised a variety of recreation and sports programmes for public participation, where promotional souvenirs were given to participants to promote and encourage their regular exercise. Meanwhile, the programmes served as effective channels through which public views could be readily gathered. She suggested the LCSD should continue to organise such programmes.

**(iv) Report on the “Hong Kong and Shanghai Summer Sports Camp for Youth 2023”**

18. The Chairman expressed that the “Hong Kong and Shanghai Summer Sports Camp for Youth 2023” (the Camp) was held in July 2023. He invited Ms Lynn WONG Sau-yin of the LCSD to brief Members on the Camp with the aid of PowerPoint presentation.

19. Ms WONG remarked that the Camp was run from 24 to 28 July in the Huang Pu District, Shanghai. The Chairman Prof Patrick YUNG Shu-hang and Ms TSANG Tsz-lui served as the Head and Deputy Head of the delegation respectively. As the latter was unable to attend the Camp due to injury before departure, the Chairman concurrently acted as the Deputy Head, tasked with leading the delegation to Shanghai to attend the event. This year marked the 15th Camp, which featured sports exchange programmes covering badminton, tennis to volleyball, with all the training activities held in Shanghai Municipal Luwan Gymnasium. The accommodation was arranged in Shanghai Wuai Senior High School. There were a total of 84 young athletes in the Camp, with half from Hong Kong and the other half from Shanghai.

20. Ms WONG pointed out that the Camp, comprising the joint training sessions for the athletes from both cities, friendly matches and sightseeing, had been completed successfully. Questionnaires were subsequently sent to 42 participants and 6 coaches to gather their views, with the results showing that they were mostly satisfied with the overall arrangements, particularly those as to

when the Camp was held, the itineraries and performances of the accompanying coaches and staff. That said, around 30% of the athletes and some of the coaches considered that there was room for improvement in accommodation facilities, with their concerns mainly related to thin mattresses and lack of privacy in bathrooms. Taking note of this, other members of the delegation had relayed such concerns to the host, which took immediate follow-up actions.

21. The Chairman thanked Ms WONG for her briefing. He remarked that the Camp offered a rewarding opportunity for the Hong Kong and Shanghai youths to learn about the cultural differences between the two places. He also expressed gratitude to the Shanghai delegation for its hospitality and the LCSD for all the arrangements.

### **Item 3: LCSD's Measures on the Promotion of Sports Development in the 2023 Policy Address**

22. The Chairman invited Ms Camay LEE Kar-mei of the LCSD to brief on the Department's measures on the promotion of sports development in the Chief Executive's 2023 Policy Address.

23. Ms LEE expressed that as proposed by the Chief Executive in the 2023 Policy Address, the Government was committed to promoting sports development in Hong Kong by supporting elite sports, enhancing professionalism, maintaining Hong Kong as a centre for major international events, developing sports as an industry, and promoting sports in the community. In addition, the Hong Kong, China delegation won 8 gold, 16 silver and 29 bronze medals, totaling 53 medals at the Hangzhou Asian Games and finishing twelfth in the medal table. The results were encouraging and the Government would continue to commit resources for support of elite sports development.

24. Ms LEE remarked that the Government would step up support for elite athletes in sports medicine, including constructing a new facilities building at the Hong Kong Sports Institute to provide more advanced training facilities for elite athletes, thereby strengthening the support for sports science and sports medicine through the provision of space and improved ancillary facilities. Moreover, the Government would collaborate with the Sports Federation & Olympic Committee of Hong Kong, China (SF&OC) to launch a pilot scheme to offer more professional training and internship opportunities to coaches, with a view to enhancing their professional standards.

25. In addition, Ms LEE pointed out that the Government would continue to implement the 10-year Development Blueprint on Sports and Recreation Facilities in support of elite sports development in Hong Kong. To further promote swimming and fencing, the Government would plan for a swimming pool capable of hosting international competitions and a sports centre with fencing training and competition facilities. The Government was now actively

looking into suitable locations to provide such facilities.

26. On hosting major sports events after the end of the pandemic, Ms LEE expressed that over 15 major international sports events were to be held in Hong Kong in 2023-24, including, inter alia, the FIA World Rallycross Championship, the Aramco Team Series Hong Kong, as well as the Hong Kong Tennis Open. The hosting of such events could help raise the sports profile of Hong Kong internationally and boost local economy. In addition, with the Kai Tak Sports Park nearing completion, more premier international sports events could be held there to spur Hong Kong's sports development.

27. To further promote "Sports for All", the LCSD would collaborate with SF&OC to organise Festival of Sport events on the SFAD in government venues and shopping malls. Meanwhile, the LCSD would also explore opening its sports facilities for free public use on specific festive occasions every year, where thematic sports days would be held for public participation, thereby achieving synergy and promoting "Sports for All". Moreover, the LCSD would promote family-based sports activities by organising diverse recreation and sports programmes suitable for participation by families and people of all ages, in a bid to encourage the public to develop the habit of regular sports and physical activities.

28. In response to the recommendations made in the report of Territory-wide Physical Fitness Survey for the Community, the LCSD would set up self-test fitness corners in fitness rooms of 18 sports centres across Hong Kong in 2024, so as to enhance the feasibility for members of the public to assess and review fitness levels for improvement of physical fitness. Meanwhile, the LCSD planned to introduce smart fitness equipment in outdoor recreation venues, through which users could store personal data of physical activities with downloaded mobile applications and access information on sports and health, facilitating them to manage their health, monitor their fitness and make sport more fun.

29. The LCSD would also organise a reward scheme for park visitors in early 2024, in a bid to encourage more frequent visits by the public to various parks. The scheme participants could collect stamps to redeem rewards during visits to parks, thereby enhancing their physical and mental wellness as well as quality of life.

30. Mr CHAU Ngai-man expressed support for the promotion of family-based sports activities, and proposed the hosting of pet-inclusive activities be considered in which the public could participate with pets. He also proposed the reward scheme be extended to family activities to encourage family members to do sports.

31. Mr POON Ka-hang pointed out that with the better transport between

Hong Kong and the Greater Bay Area, more mainlanders would be attracted to visit Hong Kong for sports activities. He therefore proposed those activities with local characteristics in 18 districts be launched by rolling out recreation and sports programmes based on the features of the localities, encouraging participation by those from the Mainland and Hong Kong citizens to promote sports tourism in the city. In addition, he also suggested that the LCSD should organise recreation activities with youngsters being the target participant group to foster a habit of regular exercise, thereby helping improve individuals' mental health and resilience.

32. Dr LEUNG Pak-yin suggested that the EDB should promote physical education in schools to encourage students to participate in more sports.

33. Ms TSANG Tsz-lui suggested that, given Hong Kong will co-host the National Games in 2025, the Government should draw inspiration from the Olympic Live Sites in 2008 and highlight those National Games events hosted in Hong Kong across the 18 districts by organising themed recreation and sports programmes, such as carnivals and community demonstrations, to engage young people.

34. Mr Edmond YIU Yik-ming indicated his support for the above series of initiatives, among which he believed elderly service centres would have higher demand for self-test fitness corners. He suggested that the LCSD should provide relevant information to such organisations for synergy and greater participation from the community. In addition, concerned about the physical and mental health issues arising from the work and mental stress faced by citizens and students in daily lives, local social welfare organisations would collaborate among themselves to publicise, exchange and share the information about their projects to help those in need in society cope with such issues. Given this, he was pleased to see that the LCSD shared its online publicity materials related to events such as the SFAD and the National Games on the online platforms of these social welfare organisations, thereby maximising the publicity.

35. Mr Claudius LAM Chi-kin expressed that the statistics showed that the elderly people aged above 60, currently a quarter of the local population, were projected to reach 40 percent of the population in a decade. In light of this, he suggested that the Government should pay attention to the provision of recreation and sports programmes and facilities for the elderly. Besides, he pointed out that the LCSD should also consider holding programmes in private premises, in addition to its own venues. Meanwhile, he proposed that the Government should consider developing e-sports.

36. Dr Carman LEUNG Ka-man stated that this year's policy address covered in greater detail sports development than in past years. The policy address also mentioned that the Government would inject an additional \$80 million into the Elder Academy Development Foundation to encourage lifelong learning and



integration into the community among the elderly. The work of the Foundation included providing the elderly with more common sports such as Tai Chi and Yoga. She suggested that the Government should consider adding new team sports for them to help stimulate their physical mobility. In addition, she expressed that, given insufficient venues, the Government should consider redeveloping community centres to provide more recreation and sports facilities for public use. She proposed that inclusive activities for persons with disabilities should be paid more attention to and the Government should consider offering recreation and sports programmes to those in need, including persons with physical or intellectual disabilities and persons with hearing or visual impairments.

37. Mr Vincent LIU Ming-kwong, DLCS thanked Members for their views. The LCSD would consider reviewing district activities with local characteristics alongside the respective district councils after the new term of office began. On another front, the Government would organise cross-border events in the Greater Bay Area such as the National Games in future. In addition to the competitive events, the Games would also feature other cultural and community engagement programmes, encouraging members of the public from both sides to participate in sports. The National Games Coordination Office would make proactive publicity efforts accordingly.

38. DLCS said that the LCSD would continue to organise various recreation and sports programme in the 18 districts and hold themed sports days during specific festivals for public participation, in a bid to encourage regular exercise among the public. He expressed his support for the practice of sharing the LCSD's event information on the online platforms of social welfare organisations to enhance publicity. In addition, he said that the LCSD would launch a series of initiatives to care for the elderly by stepping up its community support. Such initiatives included the launch of "The Evergreen" Award Scheme, where elderly visitors to designated parks could collect stamps to redeem gifts, the piloting of the scheme on "Umbrellas for Loan by Elderly Park Visitors", as well as the arrangements for instructors to provide guidance on how to properly use outdoor fitness equipment in parks, thereby encouraging the elderly to visit parks more frequently and make use of such equipment for exercise to promote their physical and mental well-beings. Regarding pet inclusivity, he responded that the LCSD paid attention to pet-inclusive measures. Currently, the Department provided a total of over 150 pet-inclusive parks across Hong Kong, allowing citizens to bring their pets to enjoy park facilities in an inclusive environment.

#### **Item 4: Any Other Business**

39. Members did not raise any other business for discussion.

#### **Adjournment of Meeting**

40. The Chairman thanked Members for attending the meeting. The Secretariat would inform Members of the date of the next meeting in due course.

41. The meeting was adjourned at 5:20 pm.

Note: No declarations of conflict of interests were received from Members during the meeting.

Community Sports Committee Secretariat  
February 2024