



**School Sports Programme**  
**Joint Schools Rugby Training Programme**  
**(Phase 2 for the School Year 2024/25)**  
**(April 2025 to June 2025)**

**Prospectus**

**Objective:** The Programme aims to provide sustained and systematic training for those with potential and aspiring to become rugby players in contact rugby through practices on turf pitches under guidance from experienced coaches arranged by the Hong Kong, China Rugby (HKCR), with a view to enhancing the rugby standard among Hong Kong students.

**Eligibility for Application:** Participants must be secondary school students who are members of their school's rugby team and have basic rugby skills. Male and female participants must join the Programme in separate teams.

**Quota:** A total of 8 teams, each with a maximum of 25 players.

**Course Arrangement:** A total of 8 sessions of 1.5 hours each throughout the phase, totaling 12 hours.

**Course Content:**

1. The Programme will mainly teach **7-a-side contact rugby**.
2. The training thereof will cover, inter alia, the basic rugby techniques, skills for specialised positions, team tactics, scrum, attacking and defensive formations for the lineout, as well as correct tackling postures.
3. The Programme will focus on the dual goals of enhancing an individual's skill level and strengthening a team's ability to apply game tactics.

**Venue, Date and Time:**

Course Code		HVRG/25/80	KFP/25/81	KBP/25/82
Venue		Happy Valley Recreation Ground (Artificial Turf Pitch No.6)	Kwong Fuk Park Football Pitch (Artificial Turf Pitch)	Kowloon Bay Park 11-a-side Soccer Pitches (Artificial Turf Pitches)
Date	Apr 2024	25		
	May 2024	2,9,16,23,30		
	Jun 2024	6,13		
Day		Friday		
Time		4:30 p.m. to 6:00 p.m.		

**Application Period:** From now to 4 April 2025 (The postmark or Email date will be deemed the date of submission.)

**Fee:** Applications should be submitted in the name of school teams. The fee for the entire course is \$1,900.

- Coach:** Each team will be assigned an experienced coach from the HKCR.
- Reward:** Schools may apply for certificates of attendance for students with attendance of no less than 80%.
- Equipment:** Basic equipment for the course will be provided by the Leisure and Cultural Services Department (LCSD) and the HKCR. Schools may also provide practice equipment for students at their own arrangement.
- Notes on Application:**
1. All schools participating in the Programme must apply in the name of school teams. The completed application form should submit within the enrolment period by the following method :
    - i. Apply in person with the completed enrolment form together with a crossed cheque for the enrolment fee and payment of activity fee to the School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin; or
    - ii. Mail the completed enrolment form together with a crossed cheque for the enrolment fee and payment of activity fee to the following address :  
School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin; or
    - iii. Email the completed enrolment form to [applicationssp@lcsd.gov.hk](mailto:applicationssp@lcsd.gov.hk) and mail the crossed cheque for the enrolment fee and payment of activity fee to the School Sports Programme Unit, 1/F, Leisure and Cultural Services Headquarters, 1-3 Pai Tau Street, Sha Tin.
  2. Each of the training venues can accommodate no more than four teams. If less than two teams have applied for a training venue, the LCSD reserves the right to cancel the course at the training venue.
  3. If the number of teams enrolled exceeds the above quota of four, the LCSD will determine by ballot which of the teams be allowed to participate and arrange training venues according to the preferences indicated by schools. Unselected schools will be placed on the waiting list in the order of the ballot. The cheque will be returned to the teacher-in-charge of a school in case of unsuccessful application.
  4. If the number of teams enrolled exceeds the quota, a ballot exercise will be held at 10:00 a.m. on 9 April 2025 at the Office of School Sports Programme Unit on 1/F of the Leisure and Cultural Services Headquarters.
  5. In case of withdrawal from the course before commencement by a school after a coach has been assigned by the HKCR as per the school's application, the HKCR will charge an administrative fee of \$420 for the course arrangement and refund the remaining balance direct to the school. No refund for the fee will be made once the course commences.
  6. The information provided by the applicant will only be used by the LCSD and relevant National Sports Associations (NSAs) for the purposes of enrolment in School Sports Programmes, announcement of the balloting result, compilation of statistics, future contact and opinion survey. Only officers who are authorized by the LCSD and relevant NSAs may access such information. For correction of or enquiries about the personal data submitted, please contact the School Sports Programme Unit of the LCSD

7. The HKCR & LCSD will do photo-shoots/video-filming/arrange broadcasting during the event, and has the right to display/publish the event photos or videos via the Internet, the venues under the LCSD, dedicated websites and publications of the Organiser, as well as any other publicity channels, for the purpose(s) of promotion and/or record.
8. In case of any inadequacy in this Prospectus, the HKCR reserves the right to amend it as appropriate at any time.

**Notes to Applicants:**

1. Schools are recommended to appoint a teacher or a person aged 18 or above as the person-in-charge to assist in the activity.
2. Successful applicants are advised to commit themselves to attend the Programme punctually for optimal use of resources.
3. Participants must wear suitable sportswear, and are advised to bring extra clothing for change.
4. Participants should bring enough drinking water and sunscreen products for outdoor training.
5. In the event that the Hong Kong Observatory issues the Tropical Cyclone Warning Signal No. 3 or above, or Amber/Red/Black Rainstorm Signal two hours before the activity; or the Education Bureau announces class suspension; or the Environmental Protection Department announces that the Air Quality Health Index recorded by general air quality monitoring stations has reached the "Serious Level" (i.e. 10+) in the area concerned, all activities on the day will be cancelled. There will be no refund for any cancelled classes. Subject to the availability of venues, the Organiser will arrange, if possible, make-up classes. In case of inclement weather, please contact the coach-in-charge for enquiries about training arrangements. Details on such make-up classes will be notified separately, and the venues concerned will be determined based on their hiring arrangements.

**Enquiry No.:**

2601 7607

**Organised by the Hong Kong, China Rugby**  
**Subvented by the Leisure and Cultural Services Department**  
**Co-organised by the Education Bureau**

**School Sports Programme - Joint Schools Sports Training Programme**  
**Joint Schools Rugby Training Programme**  
**(Phase 2 for the School Year 2024/25)**  
**(April 2025 to June 2025)**  
**Application Form**

**School Information**

School Name: \_\_\_\_\_

School Address: \_\_\_\_\_

School Contact No.: \_\_\_\_\_

Fax No.: \_\_\_\_\_

Name of  
Teacher-in-charge: \_\_\_\_\_

Email of  
Teacher-in-charge: \_\_\_\_\_

Contact/Mobile No.: \_\_\_\_\_

No. of  
Participants: \_\_\_\_\_

**Division** (Please write “1”, “2” or “3” in the boxes below to indicate order of preference)

Venue	Course Code	Boys’ Division	Girls’ Division
Happy Valley Recreation Ground Pitch No. 6 (Artificial Turf Pitch)	HVRG/25/80		
Kwong Fuk Park Football Pitch (Artificial Turf Pitch)	KFP/25/81		
Kowloon Bay Park 11-a-side Soccer Pitches (Artificial Turf Pitches)	KBP/25/82		

**Experience of Playing Rugby**

(1) Has your school ever participated in inter-school competitions?

No     Yes    If yes, division entered:  Division A     Division B     Division C

(2) Please list other training/competition experiences and past awards received (if applicable):

Date (Year and Month)	Name of Competition/Training Course	Award/Remarks
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

**Declaration**

I hereby declare that all the information given above is true and correct. All students have already obtained the consent of their parent/guardian or the person authorized by their parent / guardian to participate in the above-mentioned activity. The applicants are not suffering from any illness that renders them unfit for the activity.

Signature of Principal : \_\_\_\_\_  
Name of Principal : \_\_\_\_\_  
Date : \_\_\_\_\_ School Chop : \_\_\_\_\_

**Note:**

The information provided by the applicant will only be used by the Organiser and the Leisure and Cultural Services Department (LCSD) for the purposes of enrolment in recreation and sports programmes, future contact, compilation of statistics and opinion survey. Only those authorised by the Organiser and the LCSD can have access to such personal data. For correction of or enquiries about the personal data you have submitted in application forms, please contact the staff of the Organiser on 2601 7607.

-----  
**Acknowledgement Receipt (For Official Use only)**

We hereby acknowledge receipt of your application form. Your application is now being processed.

(Department Chop)

School Sports Programme Unit,  
Leisure and Cultural Services Department