

將軍澳運動場主場緩步跑開放時間(2024年10月) Opening Hour for Jogging of Tseung Kwan O Sports Ground Main Field in October 2024

備註 Notes:

| | |
|---|-----------------------------------------------------------------------------------------------------------------------------------|
| A | 緩步跑開放時間 Opening Hours for Jogging |
| L | 為配合運動場內草地的球類活動，運動場只會開放跑道最外圍的(開放線道數目)條線道給公眾人士作緩跑之用。 |
| | Jogging will be confined to the (No. of lanes to be open) outer lanes of the track when the infield is being used for ball games. |
| B | 團體預訂(運動會/田徑訓練/其他活動)，跑道暫停開放。 Running tracks are closed for block booking (Athletic Meet / Athletic Training / Other Activity). |
| M | 場地關閉 Venue closed |

| 日期 Date 時間 Time | 1 週二 Tue | 2 週三 Wed | 3 週四 Thu | 4 週五 Fri | 5 週六 Sat | 6 週日 Sun | 7 週一 Mon | 8 週二 Tue | 9 週三 Wed | 10 週四 Thu | 11 週五 Fri | 12 週六 Sat | 13 週日 Sun | 14 週一 Mon | 15 週二 Tue | 16 週三 Wed | 17 週四 Thu | 18 週五 Fri | 19 週六 Sat | 20 週日 Sun | 21 週一 Mon | 22 週二 Tue | 23 週三 Wed | 24 週四 Thu | 25 週五 Fri | 26 週六 Sat | 27 週日 Sun | 28 週一 Mon | 29 週二 Tue | 30 週三 Wed | 31 週四 Thu |
|--------------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| 06:30 - 07:00 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 07:00 - 07:30 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 07:30 - 08:00 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 08:00 - 08:30 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 08:30 - 09:00 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 09:00 - 09:30 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 09:30 - 10:00 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 10:00 - 10:30 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 10:30 - 11:00 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 11:00 - 11:30 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 11:30 - 12:00 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 12:00 - 12:30 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 12:30 - 13:00 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 13:00 - 13:30 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 13:30 - 14:00 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 14:00 - 14:30 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 14:30 - 15:00 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 15:00 - 15:30 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 15:30 - 16:00 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 16:00 - 16:30 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 16:30 - 17:00 | A | A | B | B | A | B | M | M | A | B | A | B | B | M | B | B | B | B | B | B | M | M | B | B | B | B | B | M | B | B | B |
| 17:00 - 17:30 | A | A | B | B | A | B | B | A | A | B | A | B | B | B | B | B | B | B | B | B | A | A | B | B | B | B | B | B | B | B | B |
| 17:30 - 18:00 | A | A | B | B | A | B | B | A | A | B | A | B | B | B | B | B | B | B | B | B | A | A | B | B | B | B | B | B | B | B | B |
| 18:00 - 18:30 | A | A | A | A | A | B | B | A | A | A | A | B | B | B | A | A | A | A | A | B | B | A | A | A | A | B | B | B | A | A | A |
| 18:30 - 19:00 | A | A | A | A | A | B | B | A | A | A | A | B | B | B | A | A | A | A | A | B | B | A | A | A | A | B | B | B | A | A | A |
| 19:00 - 19:30 | A | A | A | A | A | B | B | A | A | A | A | B | A | B | A | A | A | A | A | B | B | A | A | A | A | B | B | B | A | A | A |
| 19:30 - 20:00 | A | A | A | A | A | B | B | A | A | A | A | B | A | B | A | A | A | A | A | B | B | A | A | A | A | B | B | B | A | A | A |
| 20:00 - 20:30 | A | A | A | A | A | B | B | A | A | A | A | B | A | B | A | A | A | A | A | B | B | A | A | A | A | B | B | B | A | A | A |
| 20:30 - 21:00 | A | A | A | A | A | B | B | A | A | A | A | B | A | B | A | A | A | A | A | B | B | A | A | A | A | B | B | B | A | A | A |
| 21:00 - 21:30 | A | A | A | A | A | B | B | A | A | A | A | B | A | B | A | A | A | A | A | B | B | A | A | A | A | B | B | B | A | A | A |
| 21:30 - 22:00 | A | A | A | A | A | B | A | A | A | A | A | B | A | A | A | A | A | A | A | B | A | A | A | A | A | B | B | A | A | A | A |
| 22:00 - 22:30 | A | A | A | A | A | B | A | A | A | A | A | B | A | A | A | A | A | A | A | B | A | A | A | A | A | B | B | A | A | A | A |

場地的預訂情況會隨時更改，請向場地查詢最新安排。 The booking condition is subject to change from time to time. For updated arrangement, please contact the venue direct.

發出日期 Date of issue 30.9.2024
 最新更新日期 Date of latest update 30.9.2024

將軍澳運動場副場緩步跑開放時間(2024年10月) Opening Hour for Jogging of Tseung Kwan O Sports Ground Secondary Field in October 2024

備註 Notes:

| | |
|----------|-----------------------------------------------------------------------------------------------------------------------------------|
| A | 緩步跑開放時間 Opening Hours for Jogging |
| L | 為配合運動場內草地的球類活動，運動場只會開放跑道最外圍的(開放線道數目)條線道給公眾人士作緩跑之用。 |
| | Jogging will be confined to the (No. of lanes to be open) outer lanes of the track when the infield is being used for ball games. |
| B | 團體預訂(運動會/田徑訓練/其他活動)，跑道暫停開放。 Running tracks are closed for block booking (Athletic Meet / Athletic Training / Other Activity). |
| M | 場地關閉 Venue closed |

| 日期 Date 時間 Time | 1 週二 Tue | 2 週三 Wed | 3 週四 Thu | 4 週五 Fri | 5 週六 Sat | 6 週日 Sun | 7 週一 Mon | 8 週二 Tue | 9 週三 Wed | 10 週四 Thu | 11 週五 Fri | 12 週六 Sat | 13 週日 Sun | 14 週一 Mon | 15 週二 Tue | 16 週三 Wed | 17 週四 Thu | 18 週五 Fri | 19 週六 Sat | 20 週日 Sun | 21 週一 Mon | 22 週二 Tue | 23 週三 Wed | 24 週四 Thu | 25 週五 Fri | 26 週六 Sat | 27 週日 Sun | 28 週一 Mon | 29 週二 Tue | 30 週三 Wed | 31 週四 Thu | |
|--------------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|---|
| 06:30 - 07:00 | M | M | A | A | M | A | A | A | M | A | M | A | B | A | A | A | A | A | A | A | A | A | A | A | A | B | B | A | A | A | A | |
| 07:00 - 07:30 | M | M | A | A | M | A | A | A | M | A | M | A | B | A | A | A | A | A | A | A | A | A | A | A | A | A | B | B | A | A | A | A |
| 07:30 - 08:00 | M | M | A | A | M | A | A | A | M | A | M | A | B | A | A | A | A | A | A | A | A | A | A | A | A | A | B | B | A | A | A | A |
| 08:00 - 08:30 | M | M | A | A | M | A | A | A | M | A | M | A | B | A | A | A | A | A | A | A | A | A | A | A | A | A | B | B | A | A | A | A |
| 08:30 - 09:00 | M | M | A | A | M | A | A | A | M | A | M | A | B | A | A | A | A | A | A | A | A | A | A | A | A | A | B | B | A | A | A | A |
| 09:00 - 09:30 | M | M | A | A | M | A | A | A | M | A | M | A | B | A | A | A | A | A | A | A | A | A | A | A | A | A | B | B | A | A | A | A |
| 09:30 - 10:00 | M | M | A | A | M | A | A | A | M | A | M | A | B | A | A | A | A | A | A | A | A | A | A | A | A | A | B | B | A | A | A | A |
| 10:00 - 10:30 | M | M | A | A | M | A | A | A | M | A | M | A | B | A | A | A | A | A | A | A | A | A | A | A | A | A | B | B | A | A | A | A |
| 10:30 - 11:00 | M | M | A | A | M | A | A | A | M | A | M | A | B | A | A | A | A | A | A | A | A | A | A | A | A | A | B | B | A | A | A | A |
| 11:00 - 11:30 | M | M | A | A | M | A | A | A | M | A | M | A | B | A | A | A | A | A | A | A | A | A | A | A | A | A | B | B | A | A | A | A |
| 11:30 - 12:00 | M | M | A | A | M | A | A | A | M | A | M | A | B | A | A | A | A | A | A | A | A | A | A | A | A | A | B | B | A | A | A | A |
| 12:00 - 12:30 | M | M | A | A | M | A | A | A | M | A | M | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | B | B | A | A | A | A |
| 12:30 - 13:00 | M | M | A | A | M | A | A | A | M | A | M | A | A | A | A | A | A | A | A | A | A | A | A | A | A | A | B | B | A | A | A | A |
| 13:00 - 13:30 | M | M | A | A | B | A | A | A | M | A | B | A | A | A | A | A | A | A | B | A | A | A | A | A | A | A | B | B | A | A | A | A |
| 13:30 - 14:00 | M | M | A | A | B | A | A | A | M | A | B | A | A | A | A | A | A | A | B | A | A | A | A | A | A | A | B | B | A | A | A | A |
| 14:00 - 14:30 | M | M | A | A | B | A | A | A | M | A | B | A | A | A | A | A | A | A | B | A | A | A | A | A | A | A | B | B | A | A | A | A |
| 14:30 - 15:00 | M | M | A | A | B | A | A | A | M | A | B | A | A | A | A | A | A | A | B | A | A | A | A | A | A | A | B | B | A | A | A | A |
| 15:00 - 15:30 | M | M | A | A | B | A | A | A | M | A | B | A | A | A | A | A | A | A | B | A | A | A | A | A | A | A | B | B | A | A | A | A |
| 15:30 - 16:00 | M | M | A | A | B | A | A | A | M | A | B | A | A | A | A | A | A | A | B | A | A | A | A | A | A | A | B | B | A | A | A | A |
| 16:00 - 16:30 | M | B | A | B | B | A | A | A | B | A | B | A | A | A | A | B | A | B | B | A | A | A | B | A | B | B | B | B | A | A | B | A |
| 16:30 - 17:00 | M | B | A | B | B | A | A | A | B | A | B | A | A | A | A | B | A | B | B | A | A | A | B | A | B | B | B | B | A | A | B | A |
| 17:00 - 17:30 | M | B | B | B | B | A | A | B | B | B | B | A | A | A | A | B | B | B | B | A | A | A | B | B | B | B | B | B | A | A | B | B |
| 17:30 - 18:00 | M | B | B | B | B | A | A | B | B | B | M | A | A | A | B | B | B | B | B | A | A | B | B | B | B | B | B | B | A | B | B | B |
| 18:00 - 18:30 | M | B | B | B | B | A | A | B | B | B | M | A | A | A | B | B | B | B | B | A | A | B | B | B | B | B | B | B | A | B | B | B |
| 18:30 - 19:00 | M | B | B | B | B | A | A | B | B | B | M | A | A | A | B | B | B | B | B | A | A | B | B | B | B | B | B | B | A | B | B | B |
| 19:00 - 19:30 | M | B | B | B | B | A | A | B | B | B | M | A | M | A | B | B | B | B | B | A | A | B | B | B | B | B | B | B | A | B | B | B |
| 19:30 - 20:00 | M | B | B | B | B | A | A | B | B | B | M | A | M | A | M | B | B | B | B | A | A | B | B | B | B | B | B | B | A | B | B | B |
| 20:00 - 20:30 | M | B | B | B | B | A | A | B | B | B | M | A | M | A | M | B | B | B | B | A | A | B | B | B | B | B | B | B | A | B | B | B |
| 20:30 - 21:00 | M | B | B | B | B | A | A | B | B | B | M | A | M | A | M | B | B | B | B | A | A | M | B | B | B | B | B | A | M | B | B | |
| 21:00 - 21:30 | M | B | B | B | B | A | A | B | M | B | M | A | M | A | M | M | B | B | M | A | M | M | M | B | M | B | B | A | M | M | B | |
| 21:30 - 22:00 | M | M | B | M | M | A | M | B | M | B | M | A | M | M | M | M | B | B | M | A | M | M | M | B | M | B | B | M | M | M | B | |
| 22:00 - 22:30 | M | M | M | M | M | A | M | M | M | M | M | A | M | M | M | M | M | M | M | A | M | M | M | M | M | M | B | B | M | M | M | M |

場地的預訂情況會隨時更改，請向場地查詢最新安排。 The booking condition is subject to change from time to time. For updated arrangement, please contact the venue direct.

發出日期 Date of issue 30.9.2024

最新更新日期 Date of latest update 30.9.2024

暫停開放的詳情 Details of the Temporary Closure

| 暫停開放時期及時間 Date & Time of Temporary Closure | 設施 Facilities | 原因 Reason | 備註 Remarks |
|------------------------------------------------------------------|--------------------|--------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2024/10/03,04 06:30 - 18:00 | 主場 Main Field | 運動會 Athletic Meet | 主辦機構: 保良局甲子年何玉清中學 Organiser: Po Leung Kuk Ho Yuk Ching (1984) College |
| 2024/10/06,20 06:30-22:30 | 主場 Main Field | 足球賽事及暫停使用 Football Match & Closed | 主辦機構: 中國香港足球總會 Organiser: Hong Kong, China Association of Athletic Affiliates Limited |
| 2024/10/8,22 06:30-17:00 | 主場 Main Field | 場地保養 Venue Maintenance Day | |
| 2024/10/07,14,21,28 16:00-21:30 | 主場 Main Field | 場地保養及田徑訓練 Venue Maintenance Day & Athletic Training | 主辦機構: 中國香港田徑總會 Organiser: Hong Kong, China Association of Athletic Affiliates Limited |
| 2024/10/10 06:30 - 18:00 | 主場 Main Field | 運動會 Athletic Meet | 主辦機構: 優才(楊殷有娣)書院小學部 Organiser: G.T.(Ellen Yeung)College |
| 2024/10/12,13 06:30 - 22:30 | 主場 Main Field | 運動會 Athletic Meet | 主辦機構: 香港移植運動協會 Organiser: Hong Kong Transplant Sports Association |
| 2024/10/15,16 06:30 - 18:00 | 主場 Main Field | 運動會 Athletic Meet | 主辦機構: 香港道教聯合會圓玄學院陳呂重德紀念學校 Organiser: HKTA YYI Chan Lui Chung Tak Memorial School |
| 2024/10/17,18 06:30 - 18:00 | 主場 Main Field | 運動會 Athletic Meet | 主辦機構: 順德聯誼總會鄭裕彤中學 Organiser: Shun Tak Fraternal Association Cheng Yu Tung Secondary School |
| 2024/10/19 0630-1800 | 主場 Main Field | 田徑訓練及暫停使用 Athletic Training & Closed | 主辦機構: 中國香港田徑總會 Organiser: Hong Kong, China Association of Athletic Affiliates Limited |
| 2024/10/23,24 06:30 - 18:00 | 主場 Main Field | 運動會 Athletic Meet | 主辦機構: 仁濟醫院王華湘中學 Organiser: Yan Chai Hospital Wong Wah San Secondary School |
| 2024/10/25 06:30 - 18:00 | 主場 Main Field | 運動會 Athletic Meet | 主辦機構: 香港華人基督教聯合會真道書院小學部 Organiser: The Hong Kong Chinese Christian Churches Union Logos Academy |
| 2024/10/26,27 06:30 - 22:30 | 主場 Main Field | 運動會 Athletic Meet | 主辦機構: 中國香港田徑總會 Organiser: Hong Kong, China Association of Athletic Affiliates Limited |
| 2024/10/29 06:30 - 18:00 | 主場 Main Field | 運動會 Athletic Meet | 主辦機構: 香港培正中學 Organiser: Pui Ching Middle School |
| 2024/10/30 06:30 - 18:00 | 主場 Main Field | 運動會 Athletic Meet | 主辦機構: 將軍澳官立中學 Organiser: Tseung Kwan O Government Secondary School |
| 2024/10/31 06:30 - 18:00 | 主場 Main Field | 運動會 Athletic Meet | 主辦機構: 保良局馮晴紀念小學 Organiser: PLK Fung Ching Memorial Primary School |
| 2024/10/1 06:30 - 22:30 | 副場 Secondary Field | 暫停使用 Closed | |
| 2024/10/02,04,05,08,09,11,15,16,18,22,23,25,28,29,30 06:30-22:30 | 副場 Secondary Field | 田徑訓練及暫停使用 Athletic Training & Closed | 主辦機構: 中國香港田徑總會 Organiser: Hong Kong, China Association of Athletic Affiliates Limited |
| 2024/10/03,10,17,24,31 06:30-22:30 | 副場 Secondary Field | 田徑訓練及暫停使用 Athletic Training & Closed | 主辦機構: 中國香港田徑總會 Organiser: Hong Kong, China Association of Athletic Affiliates Limited 主辦機構: 西貢區體育會 Organiser: Sai Kung District Sports Association |
| 2024/10/13 06:30 - 12:00 | 副場 Secondary Field | 運動會 Athletic Meet | 主辦機構: 香港移植運動協會 Organiser: Hong Kong Transplant Sports Association |
| 2024/10/13 19:00 - 22:30 | 副場 Secondary Field | 暫停使用 Closed | |
| 2024/10/26,27 06:30 - 22:30 | 副場 Secondary Field | 運動會 Athletic Meet | 主辦機構: 中國香港田徑總會 Organiser: Hong Kong, China Association of Athletic Affiliates Limited |

公告

將軍澳運動場將於二零二四年五月六日至二零二五年三月十一日進行翻新工程，其間部分場地通道及設施將分階段暫停使用，詳情如下：

| 設施 | 暫停使用期間 |
|------------------------------|---------------------------------|
| G35 及 G44 女更衣室及洗手間 | 首階段 二零二四年五月六日 至九月中旬 |
| G38 及 G41 男更衣室及洗手間 | |
| G36、G37、G42 及 G43 暢通易達洗手間 | |
| G53 女更衣室及洗手間 | 次階段 二零二四年九月十九日 至二零二五年三月中旬 |
| G51 男更衣室及洗手間 | |
| G68 及 G69 暢通易達洗手間 | |



■ 首階段(紅色部分) ■ 次階段(綠色部分)

不便之處，敬請原諒。如有查詢，請致電 2177 1255
與場地職員聯絡。



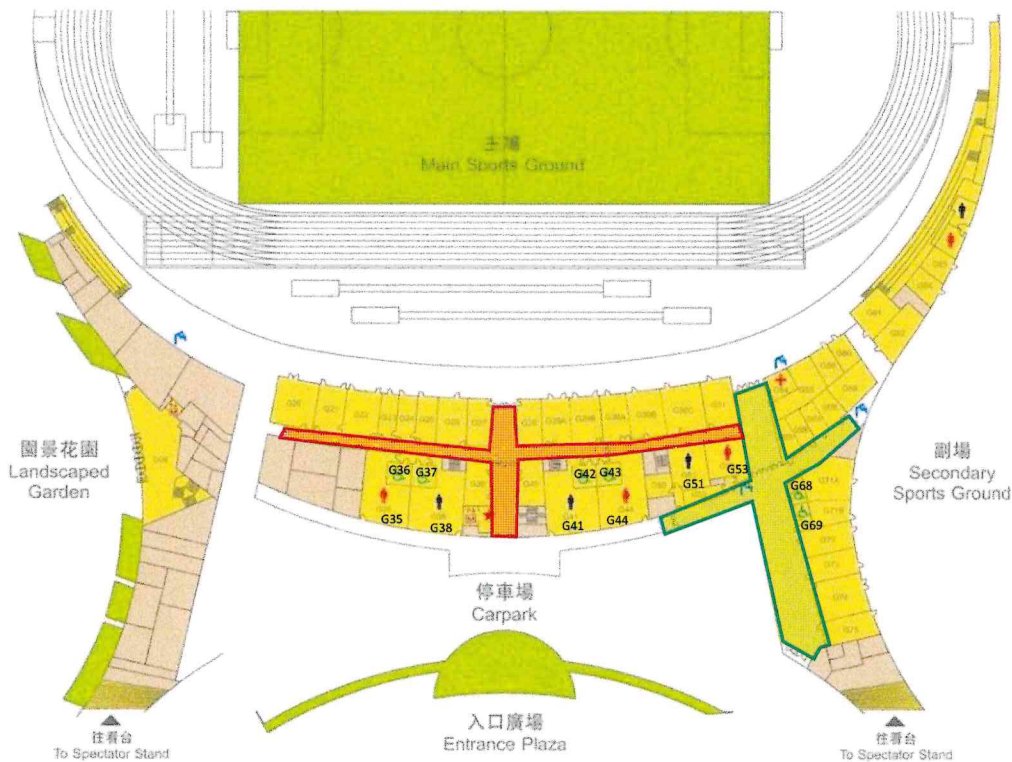
康樂及文化事務署

二零二四年九月十六日

Notice

The refurbishment of Tseung Kwan O Sports Ground will be conducted from 6 May 2024 to 11 March 2025, during which some of the passages and facilities therein will be temporarily closed in phases. The details are as follows:

| Facility | Temporary Closure Period |
|------------------------------------------------|--------------------------------------------------------------|
| G35 and G44 Ladies' changing rooms and toilets | First phase: From 6 May to mid-September 2024 |
| G38 and G41 Men's changing rooms and toilets | |
| G36, G37, G42 and G43 accessible toilets | |
| G53 Ladies' changing room and toilet | Second phase: From 19 September 2024 to mid-March 2025 |
| G51 Men's changing room and toilet | |
| G68 and G69 accessible toilets | |



■ First phase (Marked in red)

■ Second phase (Marked in Green)

We apologise for any inconvenience this may cause. For enquiries, please contact the venue staff on 2177 1255.



Leisure and Cultural Services Department

16 September 2024