

# 銅鑼灣運動場緩步跑開放時間(2025年2月) Opening Hour for Jogging of Causeway Bay Sports Ground in February 2025

備註 Notes:

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緩步跑開放時間 Opening Hours for Jogging

草地保養，緩跑徑正常開放。Turf Maintenance. Jogging track is still open to the public.

草地球場已被團體預訂，緩跑徑正常開放。Grass Pitch is block booking. Jogging track is still open to the public. (F: 足球 Football)

草地球場已被團體預訂，緩跑徑正常開放。Grass Pitch is block booking. Jogging track is still open to the public. (R: 欖球 Rugby)

100米5線跑道已被團體預訂，緩跑徑正常開放。Athletic Track is block booking. Jogging track is still open to the public.

運動場已被團體預訂。Sports Ground is block booking.

場地關閉 Venue closed

日期 Date	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	
時間 Time	週六 Sat	週日 Sun	週一 Mon	週二 Tue	週三 Wed	週四 Thu	週五 Fri	週六 Sat	週日 Sun	週一 Mon	週二 Tue	週三 Wed	週四 Thu	週五 Fri	週六 Sat	週日 Sun	週一 Mon	週二 Tue	週三 Wed	週四 Thu	週五 Fri	週六 Sat	週日 Sun	週一 Mon	週二 Tue	週三 Wed	週四 Thu	週五 Fri	
06:30 - 07:00	A	A	A	A	A	A	A	A	S	S	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	
07:00 - 07:30	A	A	A	A	A	A	A	A	S	S	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	
07:30 - 08:00	A	A	A	A	A	A	A	A	S	S	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	
08:00 - 08:30	A	A	A	A	A	A	A	A	S	S	T	A	A	T	A	A	A	T	A	A	T	A	A	T	A	A	T	A	
08:30 - 09:00	A	A	A	A	A	A	A	A	S	S	T	A	A	T	A	A	A	T	A	A	T	A	A	T	A	A	T	A	
09:00 - 09:30	A	A	A	A	A	A	A	A	S	S	T	A	A	T	A	A	A	T	A	A	T	A	A	T	A	A	T	A	
09:30 - 10:00	A	A	A	A	A	A	A	A	S	S	T	A	A	T	A	A	A	T	A	A	T	A	A	R	T	A	A	T	
10:00 - 10:30	A	A	A	A	A	A	A	A	S	S	T	A	A	T	A	A	A	T	A	A	T	A	A	R	T	A	A	T	
10:30 - 11:00	A	A	A	A	A	A	A	A	S	S	T	A	A	T	A	A	A	T	A	A	T	A	A	R	T	A	A	T	
11:00 - 11:30	A	A	A	A	A	A	A	A	S	S	T	A	A	T	A	A	A	T	A	A	T	A	A	R	T	A	A	T	
11:30 - 12:00	A	A	A	A	A	A	A	A	S	S	T	A	A	T	A	A	A	T	A	A	T	A	A	R	T	A	A	T	
12:00 - 12:30	A	A	A	A	A	A	A	A	S	S	T	A	A	T	A	A	A	T	A	A	T	A	A	R	T	A	A	T	
12:30 - 13:00	A	A	A	A	A	A	A	A	S	S	A	A	A	T	A	A	A	A	A	A	T	A	A	A	A	A	A	T	
13:00 - 13:30	A	A	A	A	A	A	A	A	S	S	A	A	A	T	A	A	A	A	A	A	T	A	A	A	A	A	A	T	
13:30 - 14:00	A	A	A	A	A	A	A	A	S	S	A	A	A	T	A	A	A	A	A	A	T	S	F	R	A	A	A	T	
14:00 - 14:30	A	A	A	A	A	A	A	A	S	S	A	A	A	T	A	A	A	A	A	A	T	S	F	R	A	A	A	T	
14:30 - 15:00	A	A	A	A	A	A	A	A	S	S	A	A	A	T	A	A	A	A	A	A	T	S	F	R	A	A	A	T	
15:00 - 15:30	A	A	A	A	A	A	A	A	S	S	S	F	S	T	A	A	A	A	F	S	T	S	F	R	S	F	A	T	
15:30 - 16:00	A	A	A	A	A	A	A	A	S	S	S	F	S	T	A	A	A	A	F	S	T	S	F	R	S	F	A	T	
16:00 - 16:30	A	A	A	A	A	A	A	A	S	S	S	F	S	T	A	A	A	A	F	S	T	S	F	R	S	F	A	T	
16:30 - 17:00	A	A	A	A	A	A	A	A	S	S	S	F	S	A	A	A	A	A	F	S	A	A	F	R	S	F	A	A	
17:00 - 17:30	A	A	A	A	A	A	A	A	S	S	L	F	L	A	L	A	A	L	F	L	A	L	F	R	L	F	L	A	L
17:30 - 18:00	A	A	A	A	A	A	A	A	S	S	L	F	L	A	L	A	A	L	F	L	A	L	F	R	L	F	L	A	L
18:00 - 18:30	A	A	A	A	A	A	A	A	S	S	L	F	L	A	L	A	A	L	F	L	A	L	A	A	L	F	L	A	L
18:30 - 19:00	A	A	A	A	A	A	A	A	S	S	L	F	L	A	L	A	A	L	F	L	A	L	A	A	L	F	L	A	L
19:00 - 19:30	A	A	A	A	A	A	A	A	S	S	A	F	A	A	A	A	A	F	F	A	A	A	A	A	F	F	A	A	A
19:30 - 20:00	A	A	A	A	A	A	A	A	S	S	A	F	A	A	A	A	A	F	R	A	A	A	A	A	F	R	A	A	A
20:00 - 20:30	A	A	A	A	A	A	A	A	S	S	A	F	A	A	A	A	A	F	R	A	A	A	A	A	F	R	A	A	A
20:30 - 21:00	A	A	A	A	A	A	A	A	S	S	A	F	A	A	A	A	A	F	R	A	A	A	A	A	F	R	A	A	A
21:00 - 21:30	A	A	A	A	A	A	A	A	S	S	A	F	A	A	A	A	A	F	A	A	A	A	A	A	F	A	A	A	A
21:30 - 22:00	A	A	A	A	A	A	A	A	S	S	A	F	A	A	A	A	A	F	A	A	A	A	A	A	F	A	A	A	A
22:00 - 22:30	A	A	A	A	A	A	A	A	S	S	A	F	A	A	A	A	A	F	A	A	A	A	A	A	F	A	A	A	A

場地的預訂情況會隨時更改，請向場地查詢最新安排。The booking condition is subject to change from time to time. For updated arrangement, please contact the venue direct.

發出日期 Date of issue 22.01.2025

最新更新日期 Date of latest update 20.02.2025

\* 10, 24 Feb 2025 (1500-1700) - 軒尼詩道官立小學(銅鑼灣) \* 12, 19 Feb 2025 (1500-1700) - Kiangsu-chekiang College Int'l \* 21 Feb 2025 (1400-1600) - St. Paul's Convent (Secondary)  
 \* 10, 12, 17, 19, 24, 26, 28 Feb 2025 (1700-1900) - 喜動體育會 \* 14, 21 Feb 2025 (1700-1900) - 香港長跑會 \* 8, 9 Feb 2025 - 渣打香港馬拉松 Standard Chartered Hong Kong Marathon